



New Project

FV 396

Leeks: Desk Study to review and assess existing research into the nutritional and health

Project Number: FV 396

Title: Leeks: Desk Study to review and assess existing research into the nutritional and health

Start and end dates: 1st April 2011 to 31st May 2011

Project Leader: Rachel Pennington, Harper Adams University College

Industry Representative: J & V Casey & Son Ltd

Location: Regional Food Academy at Harper Adams University College

HDC Cost: £3,500

Project Summary:

A desk study conducted by the Regional Food Academy (RFA) at Harper Adams University College, undertaken on behalf of the Leek Growers Association and designed to review and assess existing research into the nutritional and health benefits of leeks as distinct from other Alliums (bulb and salad onions and garlic).

Aims & Objectives:

(i) Project aim:

To assess the extent and depth of existing research into the health and nutritional benefits of leeks

(ii) Project objective:

To provide a clear overview of research material currently in the public domain, enabling the Leek Growers Association to assess whether further research is required, or whether existing research findings may be exploited to the benefit of the group.

Further information

Email the HDC office (hdc@hdc.ahdb.org.uk), quoting your HDC number, alternatively contact the HDC at the address below:

HDC
AHDB
Stoneleigh Park
Kenilworth
Warwickshire
CV8 2TL

Tel – 0247 669 2051

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